

世界の理学療法に関するCOVID-19対応情報

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* 本資料はWorld Physiotherapy COVID-19 information hub (<https://world.physio/resources/covid-19-information-hub>) より
日本理学療法士協会事務局にて改編・作成 【赤字はNew!】

マーク	推奨度
★★★	非常に強く閲覧を薦める
★★	強く閲覧を薦める
★	閲覧を薦める

大区分	中区分	小区分	リソース名 (タイトルをクリックするとリンクが開きます)	JPTA国際担当 閲覧推奨度
Campaigns: COVID-19 and physiotherapy (キャンペーン：COVID-19と理学療法)				
#PPE4PT (PTのための个人防护具)				
	Factsheet		Factsheet: Airborne protection when treating people with COVID-19	★
	Factsheet		Factsheet: Droplet protection when treating people with COVID-19	★
	Factsheet		Factsheet: Recommendations for physiotherapists working with people with COVID-19	★
	Toolkit		Advocacy toolkit	★★
	Letter		Letter addressed to government health ministers	
* 英文同様に仏語・西語・葡語のリソースあり				
COVIDPhysio Registry (COVID理学療法レジストリ)				
Add a project (プロジェクトの追加)				★
View the COVIDPhysio registry (COVID理学療法レジストリの閲覧)				
	Project		Images of physiotherapists(Freya Rodger, United Kingdom)	
	Project		Media coverage of physiotherapists' involvement in the response to COVID-19(Freya Rodger, United Kingdom)	
	Project		WCPT Global Task force on physiotherapist education(Tracy Bury, United Kingdom)	
	Project		Awareness and knowledge of Physical Therapists in managing issues associated with the COVID-19.(Dr Wesam Al Attar, Saudi Arabia)	
	Project		A global investigation of the knowledge, attitude, and practice of personal protection against COVID-19 among front line clinical physiotherapists(Charles Ezema, Nigeria)	
	Project		TeleHEALTH Physio(Maria-Louisa Busuttil, Malta)	
	Project		The spread of the COVID-19 pandemic among Italian Physiotherapists: a cross sectional survey of the national community of professionals(Andrea Turolla, Italy)	
	Project		Online telehealth course (Rachael Lowe, United Kingdom)	
	Project		Online course for COVID -19 Rehabilitation (Rachael Lowe, United Kingdom)	
	Project		COVID-19 Course Completion Survey (Rachael Lowe, United Kingdom)	
	Project		Recommendations for hospital-based physical therapy treatment (Philip van der Wees, Netherlands)	
	Project		Recommendations for rehabilitation COVID-19 (Philip van der Wees, Netherlands)	
	Project		Gathering information regarding COVID-19 and providing it for Japanese physical therapist (Daichi Watanabe, Japan)	★
	Project		Survey: Health and safety of health workers (Catherine Kane, Switzerland)	
	Project		Rehabilitation standards for patients with Covid-19 (Gabrielle Rankin, United Kingdom)	
	Project		Nigeria Society of Physiotherapy COVID-19 Taskforce (Nnenna Chigbo, Nigeria)	
	Project		K(ine)OVID-19, Nos juntamos, nos preparamos (We get together, we prepare) (Alvaro Besoain, Chile)	
	Project		TaPhyDo: Task force for physiotherapists treating patients at home (Anne-Gabrielle Mittaz Hager, Switzerland)	
	Project		Effectiveness and safety of a Pulmonary Rehabilitation program in patients diagnosed with COVID 19 at hospital discharge (DANIEL LOPEZ FERNANDEZ, Spain)	
	Project		translation of "Physiotherapy Management for COVID - 19 in the Acute Hospital Setting" - guidelines on Macedonian language. (Blazhe Arsov, Macedonia)	

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		Project	Survey on physical activity, nutritional habits and sleeping behavior during the 2020 COVID-19 confinement period (Slavko Rogan, Switzerland)	
		Project	Survey to explore how COVID-19 is redefining physiotherapy education, practice and the profession (Tracy Bury, United Kingdom)	
		Project	EVALUATION OF THE PROFESSIONALS' AND PATIENTS' PERCEPTIONS AND PRACTICES OF REMOTE, DIGITAL PHYSIOTHERAPY DURING THE CORONA PANDEMIC (Heiner Baur, Switzerland)	
		Project	COVID-19 Quick Canadian Physiotherapist Survey (Allison Ezzat, Canada)	
		Project	Free Resources for COVID Recovery (Judith Meer, United States)	
		Project	Educational Mobile App to support students in the context of COVID-19 (António Alves Lopes, Portugal)	
		Project	Knowledge, attitudes, practices and quality of life during COVID-19 pandemic among clinical physiotherapists- The GCC-PT study (Amal Alshamlan, United Arab Emirates)	
		Project	Burnout among teenagers due to Covid-19 lockdown in Pakistan (Wajida Perveen, Pakistan)	
WCPT briefing papers (WCPT概説資料)				
		Paper	Briefing paper 1: immediate impact on the higher education sector and response to delivering physiotherapist entry level education	★★★★
		Paper	Briefing paper 2: rehabilitation and the vital role of physiotherapy	★★★★
		* 英文同様に西語のリソースあり		
		Paper	Briefing paper 3: Immediate impact of COVID-19 on students and the response to delivering physiotherapist entry level education.	★★★★
		Paper	Briefing paper 4: The impact on entry level education and the responses of regulators	★★★★
		Paper	Briefing paper 5: The impact of COVID-19 on fragile health systems and vulnerable communities	★★★★
Practice based resources (実践上のリソース)				
Guidelines (ガイドライン)				
		Guideline	Physiotherapy management for COVID-19 in the acute hospital setting	★★★★
			急性期病院におけるCOVID-19の理学療法管理 *日英ほか各言語による翻訳リソースあり	★★★★
		Podcast	Podcast: Conversation between some PTs on the content of the guideline	★
		Guideline	The Royal Dutch Society for Physical Therapy (KNGF): general recommendations on physiotherapy care in patients with COVID-19 after hospital discharge and patients who experienced COVID-19 illness at home.	★★
Practice resources (実践リソース)				
		Course	PhysioPedia: Course - understanding coronavirus disease (COVID-19)	★
		Course	PhysioPedia: Course - infection prevention and control	★
		Course	PhysioPedia: Course - role of physiotherapy in COVID-19	★
		Course	PhysioPedia: Course - respiratory management of people with COVID-19	★
		Course	PhysioPedia: Course - COVID-19 and nutrition	★
		Course	PhysioPedia: Course - physical activity and COVID-19	★
		Course	PhysioPedia: Course - mental health during the COVID-19 pandemic	★
		Resources	PhysioPedia: Resources on post COVID-19: outpatient assessment	★
		Resources	PhysioPedia: Resources on Acute Respiratory Distress Syndrome (ARDS)	
		Report	European Respiratory Society: an expert-based opinion on early and short-term rehabilitative interventions (after the acute hospital setting) in COVID-19 survivors	★★
		Resources	IPTOP: Resources for exercise and physical activity	★★
		Statements	IOAPT: statement about COVID-19 and the practice of aquatic physiotherapy with recommendations.	★★

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		Seminar	IPT-HOPE: Strategies for Management of People with COVID-19 with HIV, Cancer: Part 1. Webinar recording available. Password: 5x%.@5\$\$	★★
		Seminar	IPT-HOPE: COVID-19: Clinical Best Practices in Physical Therapy Management	★★
		Guide	Irish Society of Chartered Physiotherapists: guides for treating adults with neurological conditions post COVID-19 in hospital, post-acute care and the community	★
		Guide	Irish Society of Chartered Physiotherapists: guides for treating community dwelling older people post COVID-19 Isolation (Cocooning)	★
		Guide	Irish Society of Chartered Physiotherapists: guides for treating older people post COVID-19 in hospital, post-acute care and the community	★
		Resource	NCD Alliance: resources in support of the population with NCDs, a vulnerable group for COVID-19	★★
		Resource	Cochrane: Special Collection: Coronavirus (2019-nCoV): evidence relevant to critical care	★★
		App	ONCALLbuddy: app for physiotherapists working respiratory oncall. Advice on assessment, treatment and more	
		Resource	Chartered Society of Physiotherapy (UK): practice resources	★
		Resource	American Physical Therapy Association (US): physical therapist management of patients with diagnosed or suspected COVID-19	★
Digital physical therapy and telehealth (デジタル理学療法とテレヘルス)				
		Report	WCPT&INPTRA: REPORT OF THE WCPT/INPTRA DIGITAL PHYSICAL THERAPY PRACTICE TASK FORCE <small>*西などによる翻訳リソースあり</small>	★★★★
		Webinar	INPTRA: webinar on Telehealth Clinical Education Considerations	★
		Report	IPPTA: survey of its member organisations about telehealth	★
		Resource	PEDro: list of systematic reviews published in the last 5 years that evaluate the effects of tele-physiotherapy	★
		Resource	Physiopedia: Telehealth consultation platform on Physioplus	
		Course	Physiopedia: Course on telehealth	
		Resource	Telehealth Toolbox: How to use telehealth to care for your patients during COVID-19	
		Course	University of Melbourne: free on-line training for physiotherapists in telehealth delivery of evidence-based knee osteoarthritis care	★
		Resource	Australian Physiotherapy Association: Advice on telehealth	★
		Resource	Chartered Society of Physiotherapy (UK): Advice on remote digital solutions	★
		Resource	American Physical Therapy Association (US) : Advice on telehealth	★
		Seminar	American Physical Therapy Association (US) : Implementing Telehealth in Your Practice STAT: Practical Guidance from Experienced Telehealth PTs	★
		Guideline	Irish Society of Chartered Physiotherapists policy on ehealth for physiotherapists	★
		Resources	Cochrane: special collection on remote care through telehealth	★
Infection prevention and control (感染予防・制御)				
		Resource	WHO: Advice on infection prevention and control	★
		Video	NHS (UK): Video on Putting on personal protective equipment (PPE)	
		Video	NHS (UK): Video on Taking off personal protective equipment (PPE)	
		Resource	Chartered Society of Physiotherapy (UK): Advice on personal protective equipment (PPE)	
		Resource	American Physical Therapy Association (US): Blog on best practice in infection prevention	
		Video	Pan American Health Organization (PAHO): informative video on using personal protective equipment (PPE)	
		Press release	World Health Professions Alliance: press release calling governments to prioritise support for healthcare workers in the front line against coronavirus and especially provision of PPE	
		Video	Pan American Health Organization (PAHO): Video on using personal protective equipment (PPE)	

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		Resource	Cochrane: Special Collection: Coronavirus (COVID-19): infection control and prevention measures (日本語版含む)	★
Practice management (臨床管理)				
		Resource	The Spanish Association of Physiotherapists' (AEF): Reordenación de la actividad de fisioterapia en atención primaria	
		Guidance	The Chartered Society of Physiotherapy (CSP): Guidance for private practices and independent clinics	★
Continuing professional development (継続的専門職能開発/生涯学習)				
		Course	Physiopedia: Free online programme of COVID-19 courses	★
		Course	WHO: Online courses relevant to COVID-19 (日本語版含む)	★
		Course	FutureLearn: Free course on COVID developed by the London School of Hygiene & Tropical Medicine	★
Education based resources (教育リソース)				
		Webinar	World Physiotherapy: Webinar #1 topic: Teaching spaces with restrictions (21 Sep 2020) 【スピーカープロフィール】 【録画動画】	★★
		Webinar	World Physiotherapy: Webinar #2 topic: Clinical/practice placement hours/delivery(19 Oct 2020) 【スピーカープロフィール】 【参加登録】	★★
		Webinar	World Physiotherapy: Webinar #3 topic: Digital solutions for online education (16 Nov 2020)	★★
		Webinar	World Physiotherapy: Webinar #4 topic: Reimagining PT entry level education – learning from COVID-19 (21 Dec 2020)	★★
		Course	Physiopedia: Free online programme of COVID-19 courses	
		Community	WCPT network for physiotherapy educators: Facebook group	
		Webinar	The International Neurological Physical Therapy Association (INPA): Webinar on Teaching NeuroPT in These Crazy Time	
		Webinar	INPTRA: Webinar on Telehealth Clinical Education Considerations (May 2020, 4:00 p.m. EDT)	
		Resource	InBeta: Section on moving to online learning for physiotherapy	
		Podcast	BJSM podcast: Educators in a Dangerous Time: effective online healthcare education with Dr. Jackie Whittaker	
		Guideline	American Council of Academic Physical Therapy: guidelines for returning to the PT classroom and lab during COVID-19	★
		Report	American Council of Academic Physical Therapy: preliminary report on the needs of the doctor of physical therapy (DPT) class of 2020	★
		Guidance	American Council of Academic Physical Therapy: guidance on participation in clinical education experiences	★
		Webinar	American Council of Academic Physical Therapy: free webinar on the nuts & bolts of implementing a lab immersion	
Professional regulation (職務規制)				
		Statement	INPTRA: Statement on COVID-19	★★★★
		Webinar	INPTRA: Webinars on COVID-19	★★
		Resources	UK health & care professions council (HCPC): COVID-19 resource centre	★
		Resources	Australian Health Practitioner Regulation Agency (Ahpra): COVID-19 resources	★
		Resources	Physiotherapy Board of New Zealand: telehealth resources	★
		Resources	Physiotherapy Board of New Zealand: COVID news updates	★
		Statement	Federal State Boards of Physical Therapy (FSBPT) USA: COVID-19 response	★

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		Resources	Federal State Boards of Physical Therapy (FSBPT) USA: COVID-19 updates	★
		Guidance	Health Professions Council of South Africa (HPCSA) guidance for COVID-19	★
		Statement	Health Professions Council of South Africa (HPCSA) response to COVID-19	
Health and wellbeing of physiotherapists (理学療法士の健康とウェルビーイング)				
		Resources	Chartered Society of Physiotherapy (UK): Advice on taking care of your mental health	★★
		Paper	BMJ: Article on managing mental health challenges faced by healthcare workers during covid-19 pandemic	★★
		Resources	Physiopedia: Resources on mental health during the COVID-19 pandemic	★
		Resources	Physiopedia: Resource on mental health and self isolation	★
		Paper	WHO: guide on mental health and psychosocial considerations during the COVID-19 outbreak	★
For the general public (一般国民向け)				
		Resource	Chartered Society of Physiotherapy (UK): resources for the public on self management of bone, joint and muscle pain	★
		Resource	Chartered Society of Physiotherapy (UK): Resources to support patients with specific conditions and needs to stay active	★
		Resource	Chartered Society of Physiotherapy (UK): Advice for older people to stay active at home.	★
		Resources	IPTOP: Resources for exercise and physical activity	★
		Resources	PhysioPedia: Physical Activity and COVID-19	★
WCPT member organisations' resources (WCPT加盟協会のリソース)				
		Resources	Australia: Australian Physiotherapy Association offering resources on advocacy, infection prevention and control, telehealth and business continuity. Coronavirus (COVID-19) – what you need to know	★
		Resources	Australia: Australian Physiotherapy Association Managing Aquatic Physiotherapy Services during the COVID-19 Pandemic in Australia.	★
		Resources	Austria: Austrian Physiotherapy Association offering resources on practice, telehealth, and financial advice. Coronavirus: information for physiotherapists	
		Resources	Belgium: Axxon, Physical Therapy in Belgium offering resources in Dutch and French	
		Resources	Canada: Canadian Physiotherapy Association resources for advocacy, telehealth, and webinar series CPA COVID-19 resource centre	★
		Resources	Colombia: Colombian Association of Physiotherapy information and resources for physiotherapists and the general public Estrategias y lineamientos técnicos sobre el Covid-19	
		Resources	Czech Republic: Union of Physiotherapists of the Czech Republic resource area covering local advice for members Information about the situation with COVID-19 for physiotherapists	
		Resources	Finland: Finnish Association of Physiotherapists resources and information for members Koronavirus – ohjeita fysioterapeuteille	
		Resources	France: French National Council of Physiotherapists resource area covering practice advice, working conditions and digital tools	
		Resources	Germany: German Association for Physiotherapy advice for members on infection prevention, working conditions and financial support. Current information for physiotherapy practices around coronavirus	
		Guideline	Ghana: Ghana Physiotherapy Association guidelines for Physiotherapy management for COVID-19 in the primary, community and acute (hospital) settings	
		Resources	Greece: Panhellenic Physiotherapists' Association advice and information for members Νέο ς κ ο ρ ω ν ο ἰ ό ς Covid-19	
		Resources	Ireland: Irish Society of Chartered Physiotherapists resources for practice, infection prevention, telehealth and national direction. Member update: COVID-19	★

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		Resources	Ireland: Irish Society of Chartered Physiotherapists: Guide for Rehabilitation of inpatients with COVID, COVID Breathlessness Advice	★
		Resources	Ireland: Irish Society of Chartered Physiotherapists: COVID Breathlessness Advice	★
		Resources	Ireland: Irish Society of Chartered Physiotherapists: COVID Advice Post Discharge	★
		Resources	Ireland: Irish Society of Chartered Physiotherapists: COVID Exercise Advice in Isolation	★
		Guideline	Ireland: Irish Society of Chartered Physiotherapists: policy on ehealth for physiotherapists	★
		Guide	Ireland: Irish Society of Chartered Physiotherapists: guides for treating: adults with neurological conditions post COVID-19 in hospital	★
		Guide	Ireland: Irish Society of Chartered Physiotherapists: guides for treating: community dwelling older people post COVID-19 Isolation (Cocooning)	★
		Guide	Ireland: Irish Society of Chartered Physiotherapists: guides for treating: older people post COVID-19 in hospital, post-acute care and the community	★
		Resources	Italy: Italian Association of Physiotherapists guidance for practice developed with the Italian Association of Respiratory Physiotherapists (ARIR) available in Italian Information about COVID-19 for physiotherapists and patients	
		Resources	Italy: Italian Association of Physiotherapists guidance for practice developed with the Italian Association of Respiratory Physiotherapists (ARIR) available in Information about COVID-20 for physiotherapists and patients in English	
		Resources	Japan: Japanese Physical Therapy Association guidance about COVID-19	★★★★
		Resources	Japan: Japanese Physical Therapy Association exercise tips and exercises for people in quarantine or self-isolation	
		Resources	Mexico: Mexican Association of Physiotherapy general information about COVID-19 Folleto covid-19 AMEFI and the role of physiotherapists	
		Resources	Mexico: Mexican Association of Physiotherapy COVID-19 Intervención de FT 4 Fases Covid-20 AMEFI	
		Resources	New Zealand: Physiotherapy New Zealand guidance for members and telehealth advice Novel Coronavirus (COVID-19)	★
		Resources	Philippines: Philippine Physical Therapy Association produced an FAQ guide for its members Statement on COVID-19	
		Resources	Poland: Polish Chamber of Physiotherapists resources and information in Polish and English	
		Guideline	Poland: Polish Chamber of Physiotherapists guideline for physiotherapy of adult patients produced by the Polish Respiratory Physiotherapy Expert Group in Polish and English	
		Resources	Portugal: Portuguese Association of Physiotherapists resource area for physiotherapists and patients including links to national advice COVID-19 resources	
		Resources	Romania: Order of Physiotherapists in Romania resource area for physiotherapists COVID-19 – INFORMAȚII, COMUNICATE ȘI RECOMANDĂRI	
		Resources	South Africa: South African Society of Physiotherapy is keeping its members updated with news features and guidance including Practical guidance for physiotherapists in private and public sectors to consider related to COVID-19 and FAQs.	
		Resources	Spain: Asociación Española de Fisioterapeutas has made the latest edition of their publication El Fisioterapeuta open access so more Spanish-speaking physiotherapists can learn about physiotherapists' response in Spain	
		Resources	Spain: Asociación Española de Fisioterapeutas's primary care and community health subgroup has developed Reordenación de la actividad de fisioterapia en atención primaria	
		Guideline	Spain: Asociación Española de Fisioterapeutas's primary care and community health subgroup produced guidelines about managing patients in hospital and at home during lockdown Fisioterapia respiratoria en el manejo del paciente con COVID-19: recomendaciones generales	
		Video	Taiwan: Taiwan Physical Therapy Association exercise and wellbeing videos Video: relaxation and respiratory exercises	

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		Video	Taiwan: Taiwan Physical Therapy Association exercise and wellbeing videos Video: exercises to boost the immune system	
		Resources	UK: Chartered Society of Physiotherapy resource centre including advice for practice, education, workplace, private practice, digital health and mental health and wellbeing. Information and guidance about coronavirus	★
		Resources	US: American Physical Therapy Association resource area including practice guidance for members Coronavirus: Information for APTA Members	★
World Health Organization (世界保健機関)				
		Survey	WHO Survey: Health and safety of health workers in COVID-19	
		Guidance	WHO COVID-19 area	
		Report	WHO daily situation reports	
		Report	WHO report on Strategic preparedness and response plan for the new coronavirus	
		Resources	WHO disability considerations during the COVID-19 outbreak available in English	
		Database	WHO searchable database on global research on COVID-19 updated daily from searches of bibliographic databases, hand searching, and the addition of other expert-referred scientific articles	★
		Resources	WHO advice for the public on protecting yourself	
		Video	WHO handwashing video	
		Resources	WHO myth busters	
		Guidance	WHO technical guidance section includes infection and prevention advice, advice for health workers including, rights, roles and responsibilities, maintaining good mental health, and patient management	
		Course	WHO online courses relevant to COVID-19 are available in a range of languages	
		Resources	WHO information network for epidemics, EPI-WIN, provides access to further resources and updates	
Other organisations (他組織)				
		Resources	BMJ Best Practice collection on COVID-19	★
		Resources	Cochrane Special Collection: Coronavirus (COVID-19): infection control and prevention measures	★
		Resources	Cochrane Special Collection: Coronavirus (COVID-19): evidence relevant to critical care	
		Resources	Cochrane Rehabilitation: The systematic “rapid” living review condenses information from the most recently-published papers focused on five fundamental topics related to rehabilitation needs due to COVID-19	★★
		Resources	Consejo General de Colegios de Fisioterapeutas de Espana has produced Informacion Covid-19 para fisioterapeutas	
		Resources	European Commission COVID-19 response resource centre	★
		Resources	Evidence Aid: collating and summarising the best-available evidence about how to effectively prepare for and respond to disasters and emergencies and they have a COVID resource section. Material is being translated.	
		Course	FutureLearn: courses from leading universities and cultural institutions from around the world and has a course on COVID developed by the London School of Hygiene & Tropical Medicine, a world leader in research and postgraduate education in public and global health. (free access to the course for its duration + 14 days)	★
		Resources	JAMA COVID-19 resource centre	★
		Resources	LitCovid: a curated literature hub for tracking up-to-date scientific information about the 2019 novel Coronavirus.	
		Resources	NCD Alliance has a resource centre collating and directing to resources in support of the population with NCDs, a vulnerable group for COVID-19.	

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	Resources		New England Journal of Medicine COVID-19 resources	★
	Video		NHS (UK) useful reference videos on Putting on personal protective equipment (PPE)	
	Video		NHS (UK) useful reference videos on Taking off personal protective equipment (PPE)	
	Video		Pan American Health Organization (PAHO) informative video on using personal protective equipment (PPE)	
	Resources		The Lancet COVID-19 resource centre	★
	Statements		World Health Professions Alliance press release calling governments to prioritise support for healthcare workers in the front line against coronavirus and especially provision of PPE	